

ACAI BOWLS

CLASSIC - \$9

Blend: Acai, Strawberries, Blueberries, Banana, Almond Milk
Toppings: Strawberries, Banana, Granola, Coconut, Honey

NUTTY - \$9

Blend: Acai, Strawberries, Blueberries, Banana, Almond Milk
Toppings: Peanut Butter, Banana, Cacao Nibs, Granola, Coconut, Honey

VERY BERRY - \$9

Blend: Acai, Strawberries, Blueberries, Banana, Almond Milk
Toppings: Strawberries, Blueberries, Raspberries, Banana, Granola, Coconut, Honey

KIWI'S PLAYHOUSE - \$9

Blend: Acai, Blueberries, Mango, Pineapple, Banana, Lime, Coconut Water
Toppings: Kiwi, Strawberries, Chia Seeds, Granola, Coconut, Honey

MAUI WOWIE - \$9.50

Blend: Acai, Blueberries, Mango, Pineapple, Banana, Lime, Coconut Water
Toppings: Pineapple, Blueberries, Goji Berries, Superfood Cereal, Flax Seeds, Coconut, Honey

GREEN MONSTAH - \$9.50

Blend: Acai, Blueberries, Banana, Spinach, Kale, Apple Juice
Toppings: Green Apple, Goji Berries, Sunflower Seeds, Superfood Cereal, Honey

BUZZ'D - \$9.50

Blend: Acai, Blueberries, Banana, Guarana, Apple Juice
Toppings: Coffee Crunch Granola (GF), Bananas, Sunflower Seeds, Bee Pollen, Honey

SMOOTHIES

16 OZ / \$6 24 OZ / \$8

STRAWBERRY PEEL'D

Strawberries, Banana, Almond Milk
(Suggested Boost: Honey)

MANGO #5

Mango, Pineapple, Banana, Honey, Orange Juice
(Suggested Boost: Coconut)

PURPLE RAIN

Acai, Blueberries, Mango, Fresh Ginger, Almond Milk
(Suggested Boost: Flax Seed)

PINK PANTHER

Pitaya, Mango, Strawberries, Apple Juice, Almond Milk
(Suggested Boost: Chia Seeds)

HARTFORD KALER

Pineapple, Kale, Banana, Coconut Water
(Suggested Boost: Fresh Ginger)

PITAYA BOWLS

BEACH BUM - \$9

Blend: Pitaya, Mango, Pineapple, Banana, Apple Juice, Coconut Water
Toppings: Pineapple, Hemp Seeds, Coconut, Honey

PLAYA PITAYA - \$9.50

Blend: Pitaya, Mango, Pineapple, Banana, Apple Juice, Coconut Water
Toppings: Kiwi, Mango, Goji Berries, Granola, Coconut

PINK CADILLAC - \$9.50

Blend: Pitaya, Watermelon, Mango, Banana, Almond Milk
Toppings: Raspberries, Cashews, Cacao Nibs, Coconut, Himalayan Pink Salt

SALAD BOWLS

BUDDHA BOWL - \$9.50

Quinoa, Spinach, Kale, Avocado, Chickpeas, Carrots, Sprouts, Sesame Seeds. *Sesame-Ginger Dressing on the side*

SOUTHWEST BUDDHA BOWL - \$9.50

Quinoa, Spinach, Kale, Avocado, Black Bean and Corn Salsa, Tortilla Strips. *Chipotle Lime-Dressing on the side*

GO GREEN BOWL - \$9.50

Spinach, Fresh Strawberries, Avocado, Red Onion, Sunflower Seed. *Green Apple Vinaigrette-Dressing on the side*

OAT BOWLS

HARVEST - \$5

Hot Oats Topped With Apple, Sunflower Seeds, Pure Maple Syrup, Cinnamon

NUT N' HONEY - \$5

Hot Oats Topped With Banana, Blueberries, Peanut Butter, Honey

16 OZ / \$6.50 24 OZ / \$8.50

PB & WHEY

Peanut Butter, Banana, Vanilla Whey Protein, Almond Milk
(Suggested Boost: Cacao or Coffee)

HASS-TA LA VISTA

Avocado, Mango, Spinach, Apple, Lime, Mint, Almond Milk
(Suggested Boost: Matcha Powder)

POPEYE

Almond Butter, Spinach, Pineapple, Banana, Hemp Seeds, Almond Milk
(Suggested Boost: Bee Pollen)

TEA-REX

Matcha Powder, Banana, Kale, Lemon, Ginger, Hemp Seeds, Almond Milk

TOASTS

(GF Option Available)

BOSTON TOAST ROAD - \$6

Choice of Peanut or Almond Butter, Blueberries, Raspberries, Honey Drizzle

PARK SLOPE - \$8

Coconut Oil, Avocado, Everything Bagel Seasoning

VIVA LA VEGAN - \$8

Vegan Pesto, Avocado Slices, Cherry Tomatoes, Balsamic Glaze

NORTH BY SOUTHWEST - \$8

Avocado Slices, Strawberries, Coconut, Maple Syrup

CHICKPEA-FIL-A - \$9

Housemade Hummus, Avocado Slices, Marinated Carrots, Paprika

SOUPS

All Soups Are Vegan & Made In-House

TOMATO-BASIL - \$6

SOUTHWEST BLACK BEAN - \$6

Ask About Our Soup of The Day

SOUP & 1/2 TOAST COMBO - \$9.50

Your choice of any soup paired with a half portion of any of our toasts.

BOOSTS

\$0.50/ea.

\$1/ea.

Gluten Free Granola
Goji Berries
Hemp Seeds
Chia Seeds
Flax Seeds
Sunflower Seeds
Pure Maple Syrup
Bee Pollen
Honey/Agave
Ginger
Mint
Maple Syrup
Coconut Flakes

Cacao Nibs
Peanut Butter
Almond Butter
Matcha Powder
Cashews
Plant Protein
Whey Protein
Coconut Oil
Guarana
Spirulina
CBD Oil - \$3